

Using a playfully curious approach to visual and sonic aesthetics, my artistic practice attempts to make sense of reality as I perceive and understand it. Inspired by personal experiences and views on life, my work dives into the uncertainties that arise from day to day concerns. I'm not interested in making statements about contemporary issues, or searching for the meaning of life or any transcendental knowledge of sorts. Instead, my practice is about capturing the essence of feelings, and finding ways to express that which can not be put into words.

My process is often guided by an internal monologue in which right and wrong choices are in a continuous dance of sorts, until an aesthetic that feels the most truthful to the feelings I'm dealing with arises. The approach is the same for every piece I work on, but the time it takes to find the imagery I'm going for varies drastically between each project. No two projects are ever the same. With each new project comes a new challenge, and each new challenge pushes me to reinvent and rediscover ways in which my visual languages can be used to capture ideas.

With moving image work being my primary medium, I aim to bring to life alternate realities that previously existed only within my imagination. My approach to motion is often not to recreate movements from real life, but rather to explore the ways in which motion can be used to evoke raw feelings, and push the audience to find meaning beyond what their surface-level perceptions of an image sequence are. In my practice, sound is often an important key element to the pieces I create. Often alternating between working in harmony with the visuals presented and contrasting with them, sound is used to create a new layer of meaning through which my pieces can be interpreted. Through these mediums, I use my artistic practice to connect with myself, and in the process touch on universal feelings that everyone can relate to.